

M.A.P.S SUMMIT

# VIDEO GAME Workbook

[www.teenrockstarentrepreneur.com](http://www.teenrockstarentrepreneur.com)



**Video games become “addictive” because it triggers the brain's reward system, and shapes a child's behavior. Studies made by the California State University found that video games can have a similar effect on children's brains as drug abuse or alcoholism.**

**The good news is that kids that are addicted to video games have an excellent ability to focus, by helping them take those same skills they use to play video and help them apply it in an activity that is more productive and beneficial to their well being**

Follow the link below to access your workbook.

[Video Games Workbook](#)